



# The AGS Voice

6th Edition

FEBRUARY 2010

## Society Notes



### Exhibitors and Sponsors!

As you will note in “Our Spotlight of Interest” section, the 2010 Cherishing Our Natural Resources—Aging Adults conference is anticipated to have a record breaking attendance! AGS Board of Directors and Officers are excited and invite you to join in! It is not too late! Contact Mike Worrell at 501-837-8686 immediately to reserve your booth! In addition, we have updated our sponsorship benefit packages. Talk about a bargain! Take advantage of this golden opportunity and contact Kathie Gately (501-682-8952).

As always, we appreciate all of our AGS members and the professional services they provide. Don’t hesitate! Join today!

Wow! What a fantastic time AGS members experienced at our 1st Annual Fall membership meeting! It was a perfect setting at Sherwood Forest, and might I add a perfect time, as the center provided a magical ambiance with superb Christmas decorations. Our meal, provided by Whole Hog, was over the top!

Our keynote speaker, Mr. Floyd Strayer with the Attorney General’s office of Medicaid Fraud, not only met our expectations, but exceeded them. Mr. Strayer provided in-depth information regarding all aspects of risks in regards to Identity Theft and other forms of financial risk that our Aging population are susceptible to everyday. He was exceptionally generous with his time and graciously stayed until all of our questions were answered. All members truly appreciate his expertise and interactive dialogue.

Please visit the AGS website and give us your topic suggestions for 2010. Stay tuned for information on our planned 2nd annual fall membership meeting in our upcoming editions!

## Our Spotlight of Interest

### *Cherishing Our Natural Resources—Aging Adults*

We are geared up for an incredible 2010 AGS Spring Conference. This year’s title reflects our educational focus as to how we enrich our knowledge by cherishing the experiences of those who have come before us.

Attendees will be hard pressed to make their selections from this year’s conference sessions! They are filled with substance and inspiration! Social Workers will not only achieve acquiring the necessary three hours of ethics continuing

education units, but be refreshed and motivated by **Chris Hackler, PhD**, with his session “**Ethical Concerns for an Aging Population**”.

“**Enjoying Your Senior Years!**” You will definitely not want to miss our opening keynote speaker—**Ms. Jane Krutz!** Ms. Krutz will share her experience, knowledge and humor on working with, caring for and living to be an aging adult.

You will not want to miss out on **Dr. Rosemary Rodabaugh’s** session **Managing Type 2 Diabetes: Tools for planning healthy meals** or **Dr. Lavona Traywick’s** —Con’t pg 2

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## Receiver address

WE ARE ON THE WEB AT  
[WWW.AGSOCIETY.ORG](http://WWW.AGSOCIETY.ORG)



## AGS Mission:

To improve the options, choices and opportunities of mature Arkansas by convening public and private groups and individuals to share information and increase the knowledge and skills of members.

AGS was founded in 1972 and was established to do the following:

- Bring people together to share information and increase their knowledge and skills
- Create initiatives to meet the concerns of older Arkansans.
- Work to overcome the myths about aging and emphasize the experience, seasoned judgment and skill older Arkansans can bring to task in solving problems.
- Develop partnerships between public and private organizations to better meet the needs of older Arkansans.
- Build a statewide Aging Network.

In support of the mission, AGS offers the following:

- An annual spring conference designed to educate and inform the public about issues that affect senior adults.
- We also coordinate quarterly Colleague Luncheons.

## *Our Spotlight of Interest—Cont*

### **“Fit in 10: New Exercise Recommendations for Adults and Seniors!”**

How many of us both professionally and personally struggle with complex legal issues everyday? **Debbie Daniel’s** session will clear up the maze of **Reverse Mortgages!** What about POA’s, DPOA’s, Legal guardianships and other legal issues? 2009 AGS Fellow Award recipient **Cynthia Orlicek Jones** will guide us through all of these issues in her session **“Elder Care Continuum”**.

**Melissa Simpson** is remarkable in her ability to ease the pain of understanding **Medicare Part D**. Everyone will gain the tools we need to assist those we serve and ourselves!

**Memory Boosters**—Boy do we all need this! I know I do! **Priscilla Pittman, MSW**, has an unbelievable session to refuel our cognitive abilities.

What about **End of Life Care?** **Dr. Morgan Saur’s** session in this vital area is filled with compassion and essential techniques.

We are not close to covering it all! How intriguing is the session by **Bill Gurley, “Herbal Medications, Alternative and Common Disease Meds!** Along with **Health Literacy** by **Dr. Jennifer Dillaha**, and **The Changing Face of LTC** by **Krista Hughes**, Director of Division of Aging and Adult Services. I cannot say it enough....you will not want to miss out on any of these phenomenal speakers and topics!

What a way to wrap up our time together than with closing featured speaker **Ms. Sherry Middleton**, Director of Division of Volunteerism. Ms. Middleton hits the nail on the head with **“The Power of Volunteerism in the Natural State.”**

As you can see by now, the **“Cherishing our Natural Resources—Aging Adults** is one for the record! The extraordinary knowledge you will gain, the solid networking, and the lasting friendships are invaluable, and the price is minimal.

The icing on the cake? 2010—2011 AGS membership is included with your registration!!! So, visit our website and register today! [www.agsociety.org](http://www.agsociety.org)